



EXCEL GYMNASTICS

845-336-6706

The Place To Have Fun and Learn!

excelgymny.com

2020-2021 TEAMS SCHEDULE

****Class days, times or availability may be changed due to conflicts or popularity****

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre Team			4:00- 6:00	4:00- 6:00		
Level 3		Sept/Oct 4:00-6:00 Nov.1 st 4:00-7:00 Dec.1 st 4:00- 7:00			Sept/Oct 4:00-6:00 Nov.1 st 4:00-7:00 Dec.1 st 4:00-7:30	
Level 4	4:00- 7:00	4:00- 7:00			4:00- 7:30	9:00- 12:00
Level 5	4:00- 7:00	4:00- 7:00		4:00- 7:00	4:00- 7:30	9:00- 12:00
Level 6	4:00- 7:00	4:00- 7:00	4:00- 7:30	4:00- 7:30		9:00- 1:00
Xcel Bronze		4:00- 7:30			4:00- 7:30	
Xcel Silver	4:00- 7:00	4:00- 7:30			4:00- 7:30	
Xcel Gold	4:00- 7:00	4:00- 7:30		4:00- 7:30	4:00- 7:30	
Xcel Platinum		4:45- 7:45	4:00- 7:00	4:00- 7:30		9:00- 1:00

*****UPDATED 9/20/2020*****