



# EXCEL GYMNASTICS

845-336-6706

The Place To Have Fun and Learn!

excelgymny.com

## 2020-2021 RECREATION SCHEDULE

**\*\*Class days, times or availability may be changed due to conflicts or popularity\*\***

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tiny Tots:</b> 10mos - 2yrs 5:1 Ratio			11:30-12:15	10:30-11:15am		9:15-10:00 am
<b>Tiny Tumblers:</b> 3-4yrs 4:1 Ratio	4:15 – 5:15pm		12:30-1:15pm 4:15- 5:15pm			
<b>Advanced Tiny Tumblers</b> <b>Invite Only</b> 3-4yrs 5:1 Ratio			5:30- 6:30pm			
<b>Tumble Bears:</b> 5-6yrs 4:1 Ratio	4:15 – 5:15pm	4:30 – 5:30pm	4:15 –5:15pm	11:30- 12:30 4:15- 5:15pm		10:15– 11:15am
<b>School Age Aerials:</b> 7-9yrs 4:1 Ratio	5:30- 6:30pm	5:45- 6:45pm	5:00-6:00 (Cheer class)	5:30- 6:30pm		11:30– 12:30
<b>School Age Twisters:</b> 10-13yrs 4:1 Ratio	5:30- 6:30pm			5:30 – 6:30pm 6:45- 7:45pm		12:30- 1:30pm
<b>Flippers Advance Gymnastic</b> <b>**Coach Approval**</b>		4:45-6:45 4:45-7:45 (Flex)				
<b>Progressive:</b> <b>Invite Only</b>	6:30- 8:00 pm		6:15- 7:45pm			
<b>High School/ Adult:</b> 14yrs + 6:1				6:45 – 7:45pm		
<b>Dance/Gym Combo:</b> 5-7yrs 6:1 Ratio		4:15- 5:15pm				
<b>Dance/Gym Combo:</b> 7-9yrs 6:1 Ratio		5:30- 6:30pm				
<b>Cheer Tumbling</b>		7:00- 8:00 pm				

**\*15% Discount for each additional class enrolled in**

**\*\*\*\*\*UPDATED 9/20/2020\*\*\*\*\***